

**CONEJO FAMILY EYECARE**  
**Drs. Griffith and Hamlet Optometrists**

299 W. Hillcrest Drive, Suite 215 , Thousand Oaks, California 91360 Tel: (805) 497-6964

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**ALL PATIENTS PLEASE READ AND SIGN BELOW**

**DILATED RETINAL EXAMINATION**

The Doctors at Conejo Family Eyecare are committed to providing patients with comprehensive eye health examinations and therefore routine dilated retinal examination of the eyes is generally recommended once every 2 to 3 years in healthy individuals. However, if you are over 50 or have a condition(s) such as **diabetes, high blood pressure, heart disease, headaches, high nearsightedness, cataracts, symptoms of flashing lights and/or floaters, glaucoma or a family history of glaucoma** you are urged to have a dilated retinal examination today.

Dilation involves placing medicated drops in your eyes to enlarge the pupil size. This allows the doctor to more thoroughly examine the back of the eye. The purpose of this procedure is to detect any disease that may be present and ensure the health of your eyes.

Dilation of the eyes may cause you to experience one or all of the following effects: (1) Increased sensitivity to light (2) Slight blurring of distance vision (3) Inability to focus or read up close. These effects usually last for 2 to 6 hours. Some patients may prefer to be driven home; however, in most cases you will be able to drive yourself home. Following the examination we recommend you take extra care in walking up and down stairs and to avoid operating any hazardous machinery. If your eyes become red or painful, or you develop a headache or nausea, please return to our office or call us immediately.

The Doctors will be happy to discuss any questions you may have regarding the procedure.

**Please check one then sign and date:**                      **EVALUATION FEE \$0** (with comprehensive examination)

\_\_\_\_\_ Yes, I wish to have my eyes dilated today, if necessary.

\_\_\_\_\_ No, I do not wish to have my eyes dilated today.

\_\_\_\_\_ I wish to be rescheduled for dilation.

Signature/Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

**VISUAL FIELD EVALUATION**

The Doctors at Conejo Family Eyecare recommend full Threshold Visual Field testing to all patients **over 50 years of age** as a screening test and additionally to **all patients with significant family history of glaucoma** or other potentially sight threatening diseases. Evaluation of a patients Visual Field or 'peripheral vision' is an essential part of active management of many eye diseases, most specifically glaucoma. A thorough Threshold Visual Field Test using our computerized testing machine can also detect early signs of other retinal pathology, cataract or a space occupying lesion (brain tumor). This test can often be administered on the same day as your comprehensive examination but may be rescheduled for convenience.

The Doctors will be happy to discuss any questions you may have regarding the Visual Field Evaluation.

**Please check one then sign and date:**                      **EVALUATION FEE \$51** (with comprehensive examination)

\_\_\_\_\_ Yes, I wish to have my Visual Field Testing today, if necessary.

\_\_\_\_\_ No, I do not wish to have my Visual Field Tested.

\_\_\_\_\_ I wish to be rescheduled for Visual Field Testing.

Signature/Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

## **CONTACT LENS EVALUATION / FITTING**

Conejo Family Eyecare is committed to providing the clearest and most comfortable vision possible for each patient by utilizing the latest in eyecare technology, services and products. Contact lenses are medical devices and as such require regular and proper care, maintenance and evaluation. The Doctors at Conejo Family Eyecare recommend all patients currently wearing contact lenses be evaluated annually to ensure safe, comfortable and clear vision. Our office is pleased to offer these extensive evaluation and fitting services at comparably reasonable fees. These fees include professional evaluation, all trial lenses, training as necessary, "starter kit" solution samples and follow-up visits.

Please note that insurance may or may not cover the contact lens fitting fees or in some cases insurance may pay only in conjunction with the purchase of contact lenses. The Doctors and Staff at Conejo Family Eyecare will continually strive to assist your understanding of the ever changing insurance coverage landscape. While your insurance coverage is essentially a contract between you and the insurance company (not Conejo Family Eyecare) we shall always work hard on your behalf to secure the proper benefits.

The Doctors will be happy to discuss any questions you may have regarding the contact lens evaluation.

**EVALUATION FEE \$55 to \$150 and up** (Depending on level of complexity)

### **Please check one then sign and date:**

\_\_\_\_\_ Yes, I wish to have my Contact Lenses evaluated today.

\_\_\_\_\_ No, I do not wish to have my Contact Lenses evaluated. I understand a new Contact Lens Rx will not be issued without this evaluation.

\_\_\_\_\_ I wish to be rescheduled for my Contact Lens evaluation.

Signature/Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

## **LIFESTYLE QUESTIONNAIRE**

Please circle the best answer to the following questions to help the Doctors and staff better address your visual needs.

- \* On average how many hours a day do you spend on the computer? <2 hrs / 2-6 hrs / >6 hrs  
Are you bothered by glare from the computer? Yes / No
- \* Do you drive a lot? Yes / No      Are you bothered by glare when driving? Yes / No  
If yes, is glare a problem more at Day / Night / Both
- \* What sports do you participate in? Please circle or note applicable sport(s):  

<b>Golf</b>	<b>Water Skiing</b>	<b>Snow Skiing</b>	<b>Baseball / Softball</b>
<b>Walking</b>	<b>Swimming</b>	<b>Snow Boarding</b>	<b>Basketball</b>
<b>Hiking</b>	<b>Fishing</b>	<b>Biking</b>	<b>Football</b>
<b>Running</b>	<b>Boating</b>	<b>Tennis</b>	<b>Hockey</b>
<b>Other:</b> _____			
- \* What hobbies & activities do you enjoy? Please circle or note applicable hobbies & activities:  

<b>Knitting / Needlework</b>	<b>Reading</b>	<b>Birdwatching</b>
<b>Computer Games</b>	<b>Gardening</b>	<b>Woodworking</b>
<b>Scrap booking</b>	<b>Other:</b> _____	
- \* Are you hard on your glasses? Yes / No      Do you have, or care for, young children? Yes / No
- \* Do you have a good quality pair of back-up glasses? Yes / No
- \* Do you have a good quality pair of back-up sunglasses? Yes / No

Did you know ... All complete pairs of glasses purchased at Conejo Family Eyecare come with a 2 year comprehensive warranty which protects against damage or breakage for any reason. Additionally, since frame manufacturers may discontinue frames after 1 to 2 years, we recommend complete pairs of new frames with new lenses. Then you can use your old glasses as good quality back-ups. Feel free to ask our opticians for details.